



'Glorious Greece Getaway'

Nia Retreat Lesvos Island
Sunday September 1st — Sunday September 8th,
2012

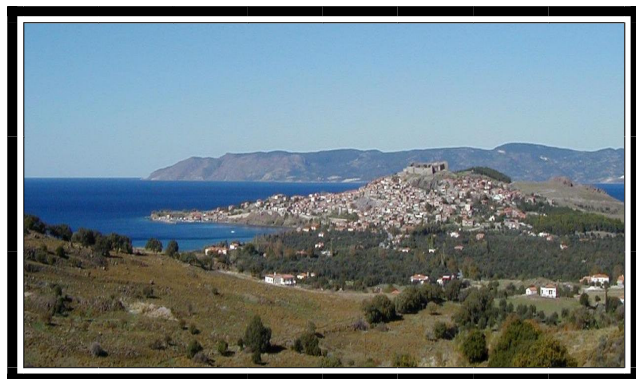
Hosted by **Didi (Kaye) Wilson**,
Black Belt Nia Instructor

Your personalized trip includes:

- ◆ 7 nights shared accommodation
- ◆ 7 Mediterranean breakfasts
- ◆ Welcome Dinner at The Captain's Table
- ◆ 2 traditional village dinners
- ◆ Greek cooking lesson
- ◆ 'Local Market' day excursion to Turkey
- ◆ Healing trip to the natural Yera baths
- ◆ Daily Nia



Eressos, only 30 minutes south-west of Petra, and the home of Sappho. Also an amazing beach.



Molyvos, 5 km. seaside walk from Petra, with Turkey in the background



Petra Beach.....the best sunset on the island

The 'Glorious Greece Getaway' Nia Retreat approx. \$1499.00 CDN

(this cost could lower depending on euro and guest numbers) air not included.

A non-refundable deposit of \$250. is required upon registration to reserve your spot.

Book before April 1st and save \$50.00 Bring a friend and you both save an additional \$50.00

The remaining balance is due June 1st, 2012

Single rates available upon request.

Didi has been visiting Lesvos, the third largest Greek Island, for over 30 years and is very familiar with its customs and language. Situated in the North East Aegean, it does not draw the 'cruise' traffic so a more authentic Greek experience is waiting for you. Didi loves to share its magic and mysteries. Visit www.lesvos.com

For questions please contact **Didi at 289.228.5293, didi.dances@yahoo.ca** and visit **www.dididances.com** for more details and information. Didi will be leaving for Greece mid-August, and is happy to help you plan extra excursion days before or after the retreat.

Everything You Need to Know about Your Nia Retreat with Didi Wilson

Warning: This weeklong Nia Retreat may cause a desire to return to the island of Lesvos often and create even more lifelong memories.



Map of Greece



Map of Lesvos

Feel free to get in
touch with Didi at
289.228.5293
didi.dances@yahoo.ca

LESVOS GREECE.....location and directions and a few points of interest:

Lesvos Island, the third largest Greek island, is in the North East Aegean Sea very close to the Turkish border with Ayvalik being the nearest ferry destination. Your first stop could be flying into Athens, about a 9 hour flight from Toronto. Olympic Airways usually offers this plus the 50 minute flight to the island (or Mytilene in aviation terms) for about \$1500. There are several flights a day to the island with both Aegean and Olympic Airways. Another method is to take the ferry from Pireaus, just south of Athens. This would take anywhere between 7 and 12 hours depending on your choice of local ferry or hovercraft.

A great alternative is to fly to one of the major cities in Europe and buy a return flight to Mytilene from there. If you go to www.lesvosisland.com and find Tickets/Travel on the left side, it will give you several options and the cost could be as low as \$1000.00 combined return. There is a good possibility that you will have to overnight on one of the legs using this method. You will be met at the Mytilene airport either by Didi or Billy (Vasilles), a good friend of Didi who is a cab driver and speaks excellent English. The 1 hour drive to Petra snakes through pine forests, olive groves, and quaint villages. You will cruise along the Gulf of Yera and probably see goats frolicking in the fields as you meander along these hilly roads.

FIRST THINGS FIRST

1. Check that your passport is up to date. There must be at least 6 months before your expiry date.
2. Be sure you have covered yourself with travel insurance, cancellation, baggage etc. Many credit cards take care of this with your purchase. Blue Cross is worth checking.
3. If you have any desire to drive a car, scooter, motorcycle while there, purchase an International Driver's License, available at CAA for about \$25.00
4. A Greek phrase book can be fun.....
5. Keep your eye on flight prices to get the best deal
6. Keep your eye on the Euro exchange. You could take some Euros with you, and they are also available with a debit card at ATM machines around the island including Petra..
7. There are a lot of inexpensive and alluring gifts available both in Greece and Turkey.